

Mon	Tue	Wed	Thu	Fri
10/31/2022	11/1/2022	11/2/2022	11/3/2022	11/4/2022
Main Entree Beef Taco Salad	Main Entree Navajo Beef Taco	Main Entree Turkey Vegetable Pot Pie	Main Entree Beef Vegetable Stew	Main Entree Nachos
Grain Tortilla Chips, WG	Grain Whole Wheat Fry Bread	Grain Biscuit, whole grain	Grain Whole Wheat Tortilla	Vegetable Carrots
Vegetable Lettuce	Vegetable Lettuce	Vegetable Mixed Vegetables	Vegetable Mixed Vegetables	Fruit Fruit
Fruit Fruit	Fruit Fruit	Fruit Fruit	Fruit Fruit	Milk 1% Milk Chocolate Milk
Milk 1% Milk Chocolate Milk	Milk 1% Milk Chocolate Milk	Milk 1% Milk Chocolate Milk	Milk 1% Milk Chocolate Milk	
11/7/2022	11/8/2022	11/9/2022	11/10/2022	11/11/2022
Main Entree Korean Beef	Main Entree Teriyaki Chicken	Main Entree Beef Stir Fry	Main Entree Orange Chicken	
Grain Steamed Brown Rice	Grain Vegetable Fried Brown Rice	Grain Steamed Brown Rice	Grain Vegetable Fried Brown Rice	
Vegetable Stir Fry Vegetables	Vegetable Peas & Carrots	Vegetable Cabbage, Bok Choy	Vegetable Edamame	
Fruit Fruit	Fruit Fruit	Fruit Fruit	Fruit Fruit	
Milk 1% Milk Chocolate Milk	Milk 1% Milk Chocolate Milk	Milk 1% Milk Chocolate Milk	Milk 1% Milk Chocolate Milk	
11/14/2022	11/15/2022	11/16/2022	11/17/2022	11/18/2022
Main Entree Green Chile Cheese Enchiladas	Main Entree Beef Tacos	Main Entree Chicken & Vegetable Fajitas	Main Entree Chicken Taquitos	Main Entree Cheese Pizza
Grain Spanish Vegetable Brown Rice	Grain Whole Wheat Tortilla	Grain Whole Wheat Tortilla	Grain Spanish Vegetable Brown Rice	Grain Whole Wheat Pizza Crust
Vegetable Refried Beans	Vegetable Shredded Lettuce & Tomatoes	Vegetable Refried Beans	Vegetable Mixed Vegetables	Vegetable Carrots
Fruit Fruit	Fruit Fruit	Fruit Fruit	Fruit Fruit	Fruit Fruit
Milk Chocolate Milk 1% Milk	Milk Chocolate Milk 1% Milk	Milk Chocolate Milk 1% Milk	Milk Chocolate Milk 1% Milk	Milk Chocolate Milk 1% Milk
11/21/2022	11/22/2022	11/23/2022	11/24/2022	11/25/2022

Mon	Tue	Wed	Thu	Fri
11/28/2022	11/29/2022	11/30/2022	12/1/2022	12/2/2022
Main Entree Tomato Meat Sauce Salad Bar Option	Main Entree Chicken Cannelini Alfredo Salad Bar Option	Main Entree Vegetable Lasagna Salad Bar Option	Main Entree Tomato Meat Sauce Salad Bar Option	Main Entree Cheese Pizza Pepperoni Pizza
Grain Whole Wheat Pasta Breadstick, whole grain	Grain Whole Wheat Pasta Breadstick, whole grain	Grain Breadstick, whole grain	Grain Whole Wheat Pasta Breadstick, whole grain	Grain Whole Wheat Pizza Crust
Vegetable Green Beans Choice of Salad Vegetables	Vegetable Lettuce Choice of Salad Vegetables	Vegetable Peas & Carrots Choice of Salad Vegetables	Vegetable Corn Choice of Salad Vegetables	Vegetable Carrots Choice of Salad Vegetables Soup of the Day
Fruit Fruit	Fruit Fruit	Fruit Fruit	Fruit Fruit	Fruit Fruit
Milk 1% Milk Chocolate Milk	Milk 1% Milk Chocolate Milk	Milk 1% Milk Chocolate Milk	Milk 1% Milk Chocolate Milk	Milk 1% Milk Chocolate Milk