**Updated COVID Guidance from NMDOH**

On March 6, the NMDOH provided notification of an update to the School Health Manual COVID-19 guidelines.

Please read the [guidance letter in full.](https://state.us19.list-manage.com/track/click?u=fe07174c30216027e5fab1fde&id=7af11117af&e=500015956f)

The guidance emphasizes the importance of resuming normal activities **only** when, for at **least 24 hours, symptoms are improving, and any fever has subsided without the use of fever-reducing medication.**Additionally, individuals are encouraged to adopt enhanced preventive measures for the next five days, including maintaining cleaner air, practicing heightened hygiene, wearing well-fitting masks, and keeping a safe distance from others.

Visit the NMDOH website to view the [School Health Manual.](https://state.us19.list-manage.com/track/click?u=fe07174c30216027e5fab1fde&id=513056b00a&e=500015956f)